



NB: Routine screening of adults for B12 & folate levels are NOT currently recommended. Please do NOT request this test if the patient is not in the subgroup of individuals considered eligible for testing (see HSE [Testing for B12 and Folate Guidance](#) for clarification). **\*1 separate Serum sample required\***

**Requester's Details**

Clinic Name: \_\_\_\_\_

General Practitioner's Name: \_\_\_\_\_

Doctor's signature: \_\_\_\_\_ Practice Address (stamp): \_\_\_\_\_

MRCN: \_\_\_\_\_ Phone number: \_\_\_\_\_

**Patient Details**

Patient ORCIS No. \_\_\_\_\_ ORCIS Sample No. (if other tests requested): \_\_\_\_\_

Surname: \_\_\_\_\_ Forename: \_\_\_\_\_

Address: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: Male [ ] Female [ ]

Date of Sample Collection: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time of Sample Collection: \_\_: \_\_

| Select | Test Code | Test Name   | Sample Requirements |
|--------|-----------|-------------|---------------------|
| ✓      | B12       | Vitamin B12 | B                   |
| ✓      | FOL       | Folate      | B                   |

**Mandatory Request Information**1. Is the request related to monitoring response to treatment? YES ☐ NO ☐

If YES, please specify when the last sample was analysed? \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_

NB: Serum Vitamin B12 and Folate levels should NOT be retested earlier than 3 months following commencement of supplementation or change in dose. Samples breaching this rule will be discarded.

2. Is the request related to one or more of the following conditions? YES ☐ NO ☐

If YES, please provide specific details:

- Abnormal FBC? (Please specify e.g., anaemia, macrocytosis, cytopenia)  
\_\_\_\_\_
- Any of the following: Suspect Dietary Deficiency, Suspect GI malabsorption, CNS disease, neuropathy, neuropsychiatric condition, monitoring deficiency, glossitis, pregnancy, alcoholism or hypothyroidism

YES ☐ NO ☐

- If YES,  
Please specify which \_\_\_\_\_

From 06/10/2025, if this form is incomplete or not enclosed with the sample, normal analysis will NOT proceed for Vitamin B12 & folate testing and the samples for this test will be discarded. These tests will no longer be orderable from ORCIS.

**FOR LABORATORY USE ONLY****LEGEND**